

OCTOBER NEWS



Clinton Elementary Newsletter

Important Dates:

October 2- School spirit day- wear **green** and **yellow!**
October 8- PTA Zoom Meeting 6:30
October 9- Panera Fundraiser
October 12- NO SCHOOL Columbus Day



October 15- **Buffalo Bills** Day! Show your Bills colors
October 30- Halloween Dress Up Day!

**School Spirit Wear is available starting 10/1-11/22

https://stores.inksoft.com/clinton_elementary_spiritwear/

If you have any questions re: Spirit wear, email or text: Kristie.w.2628@gmail.com/908-642-3044

From the Desk of Mrs. McCartan

Thank you for your support and encouragement during our first month of school. Your children have made an excellent transition into our virtual school year.. A strong home/school connection makes academic prospects and opportunities stronger for your children. Creating routines and structures at home and school is the key. With a routine about school times, chores, etc your child will feel at ease and know what is expected of them. Please see other notes about important information for you and your family and upcoming events happening during the month of October.

- Mrs. Kimberly McCartan

Health Office News

Just a reminder that even though we are remote learning the health office still needs your child's health and vaccine records. Please get them to school as soon as you can by:

Fax: 674-7821

Mail: 4100 Clinton St
West Seneca, NY 14224

Paperwork can be dropped off at school as well.

Thank you and stay healthy!

- Mrs. Zubler

Social Worker Scoop

Hi Clinton Families, Mrs. Schoepflin here. I hope that everyone is doing well. I know that remote learning is tricky for everyone but I wanted to give some helpful tips for any kiddos out there who are worrying.

- 1) Make a worry list- it can help to simply acknowledge the worry and talk about it. Set a timer for this so kids can talk and then move on.
- 2) Help kids to change negative thoughts to positive ones.
- 3) Use distractions if needed to reset any upset kiddos. Have them do something they like and come back to a hard task.
- 4) Remember to stay healthy- eat well, get enough sleep and exercise.

Info from Huffpost and Melbournepsychology.com

Please feel free to call or email if your child needs extra support.

677-3631 tschoepflin@wscschools.org

